

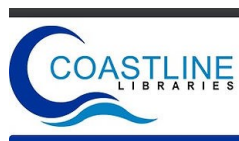
FUELING FOR ENERGY



How to fuel your body and sustain energy between meals by making healthy food choices

**Wednesday,
December 11**
Noon-1 p.m.

Bandon Public Library
1204 11th St SW, Bandon, OR
541-347-3221



Presented by

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