



DIET & SLEEP

Class covers the importance of restorative sleep and the connection between food and sleep patterns.

Wednesday,
April 10
6 to 7 p.m.

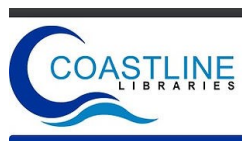
Bandon Public Library
1204 11th St SW, Bandon, OR
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Presented by

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Free! Registration not required.



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